

## Newest Distribution Location

It is with great excitement Lake Cares Food Pantry opens a satellite distribution site at Faith Christian Fellowship Church, 1951 Dora Avenue, Tavares, Florida.



The once a month distribution will be held from 10a.m.-12p.m. on the first Saturday of each month. Pastor Buddy Walker will be coordinating the dispersing of food from Lake Cares Food Pantry. He is also the lead for the distribution site at the Eustis Bates Neighborhood Resource Center.

More than 11% of the seniors Lake Cares serves come from Tavares. This site will help those with transportation issues, according to Irene O'Malley, Executive Director of Lake Cares. The new location is next to Lake Pointe Senior Apartments. A subsidized complex for families is also close to the distribution site. Many work full time jobs and still cannot make ends meet. This new location will bring much needed relief and comfort.

Pastor Buddy and his Empowers Organic Buyers Club has partnered with Lake Cares for more than 6 years providing seasonal organic vegetables. This produce is distributed to Lake Cares clients so that they receive nutritious locally grown food.

## Pantry Needs

**April - Cereal**  
**May - Kid Friendly Food**  
**June - Juice**



## Meet Janet...



One of our clients by the name of Janet, who at 75 years old received custody of her 5 great grandchildren.

"My husband Larry and I went to from being alone, to getting my great grandchildren because their parents died within days of each other," Janet said. "We were dealing with heartache, and how to feed and clothe all of them on our fixed income."

Food was scarce for the family of seven. Each night the children would go to bed hungry and wake up hungry. They would go to school hungry. It was during a conversation with a neighbor that Janet found out about Lake Cares Food Pantry.

"I had no idea something like this existed, our prayers were answered," said Janet.

Janet uses the words "peaceful and comfortable, compassionate and understanding" to describe our Lake Cares volunteers.

"The first question they asked me was what help did I need," she said. "And right from the start, my worry about food was eased. They gave us such good healthy food. That night and since, my kids eat good food and have a snack of peanut butter and crackers before bed. They go to bed with full tummies."

Janet was kind enough to tell her complete story in a video so all of our donors could find out first hand what their donations mean to our clients. To watch her video visit [www.LakeCares.com/videos](http://www.LakeCares.com/videos).



## FOOD FOR THOUGHT

*Feeding the Body, Educating the Mind,  
and Lifting the Spirit of All Individuals.*

Second Quarter, 2017

[www.LakeCares.org](http://www.LakeCares.org)

## Summer Children's Feeding Program



This year we are preparing to serve 2500 children during the summer. Parents will pick the food up at Lake Cares Food Pantry.

Lake County has 17 schools that are "Tier 1" schools. These schools have 70% or more children receiving free or reduced lunches throughout the school year. In many cases school hours are the only time the children get to eat.

Lake Cares Food Pantry is again blessed to have the continued support of Main Street Leasing, the United Way and the community for the Summer Feeding Program for Children. This much needed 9 week program tackles hunger insecurities during the weeks when school is not in session.

Last year, more than 1600 children were able to have 3 each of breakfast, lunch, fruit, snacks and drinks all summer long.

With the generosity of all supporters and the help of the volunteers this program will be true to Lake Cares Food Pantry mission statement. "Feeding the Body, Educating the Mind, and Lifting the Spirit of All Individuals."

For more than 8 years Main Street Leasing has shared a wonderful partnership with Lake Cares

*continued on next page...*

## STOP HUNGER NOW!

## Staff

### Executive Director

Irene O'Malley

### Assistant Director

Becky Carter

### Pantry Manager

Debra McCall

### Office Manager

Linda White

### Transportation Department

Tim Engle

## Executive Board

### President

Cathy Hoechst

### Vice President

Nancy Nuenzmay

### Treasurer

Priscilla Beatty

### Secretary

Julie Ridaught Manning

## Advisory Board

### Linda Bennett

Ameriprise Financial, Tavares

### Donna Brown

Main Street Leasing

### Brenda Collier

Notary DocSigner

### Elizabeth Long

First Presbyterian Church of Mount Dora

### Heather McPherson

Food Columnist

### Greg Miller

Stoneybrook Publix Supermarket

### Bob Lange

Independent Insurance Agent

### Darryl Owens

Beacon College

### Ed Rizzo

The Villages News

### Derek Schroth

Bowen, Schroth, Mazenko and Broome  
Law Office

### Zach Zehnder

theCross Church of Mount Dora

## MSL Provides Dollar for Dollar Match

Food Pantry. MSL, as they are commonly known, has generously given financial support with the \$25,000 matching donation for the Summer Kids Feeding Program,



Larry Baker, Donna Brown & Irene O'Malley

and also the use of the Gingerbread House during the holiday season where volunteers sell cocoa, coffee, apple cider and cookies to benefit the pantry. MSL has even provided manpower to make minor repairs at Lake Cares or help unload food donations.

But the most important item they have given is their heart.

According to Donna Brown, the Vice President of MSL and also part of Lake Cares Advisory Board, everyone thought back in 2009 that it would be just a few months of helping out. Unbeknownst to all involved, instead of the number of people needing help weekly (25 families) decreasing, the numbers have steadily increased to more than 200 per week. Donna Brown was so taken with how Lake Cares functions, she herself volunteers on Tuesday mornings.

It is with grateful hearts Lake Cares thanks MSL in the effort to fight hunger; giving so much back to the community and helping so many.

## From My Desk

### Executive Director Irene O'Malley

I am always amazed at the support from our community. So many people, businesses, churches and organizations step up to the plate to help those in need and that live in poverty. Because of this support, we fed 29,912 individuals and distributed over 365,000 pounds of food in 2016! 32% of our clients came from Mount Dora, 28% from Eustis, 11% from Tavares, 9% from Leesburg and the balance from the rest of the county.

Lake Cares is going out into the communities now to reach more people. In 2015 we opened a site at the Martin Luther King Center in Mount Dora and in 2016 we opened a site at the Bates Neighborhood Resource Center in Eustis. Now in 2017, Tavares will be our third satellite site! We also partner with Habitat for Humanity to fill the pantry of the families



getting a new home, Forward Paths which works with youth aging out of the foster care system, Triangle Elementary so their children can pick up back packs of food for the weekend and the Mount Dora Senior Center to supply lunches.

This can only be done with the help of over 175 volunteers and your continued support. For every \$5.00 donated can purchase up to 27 pounds of food! If you have any questions or would like to visit our pantry, please feel free to call me and thank you again for all you do to help the residents in need in Lake County.

## Pantry to Plate Recipe



### Fresh Strawberry Freezer Jam

Visit our Website for this recipe and many more.

## Making an Impact!

### First Quarter 2017

#### Individuals Served:

**7,596**

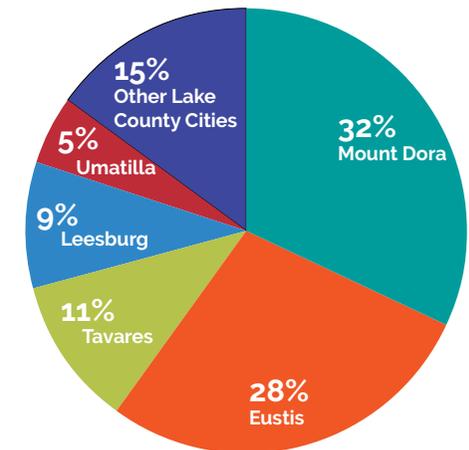
#### Families Served:

**2,332**

#### Food in Pounds:

**97,912**

#### Cities Served by Lake Cares



## Our Locations

### Lake Cares Main Mount Dora Location

2001 West Old Highway 441, #1  
Mount Dora, Florida 32757  
**PHONE: 352-383-0100**

### Bates Neighborhood Resource Center

1128 Clifford Avenue  
Eustis, FL 32726

### Martin Luther King Center

803 Florida Avenue  
Mount Dora, FL 32757

### Faith Christian Fellowship Church

1951 Dora Avenue  
Tavares, FL 32778

[www.LakeCares.org](http://www.LakeCares.org)

FIND US ON:

