

# FOOD PANTRY SHOPPING LIST



## Unexpired, non-perishable Food Items

- Dry Cereal
- Canned Meats/Tuna, Salmon and Chicken
- Dry or canned Beans
- Pasta and Sauce
- Rice
- Peanut Butter/Jam/Jelly
- Canned Vegetables
- Canned Fruit
- Beef Stew/Chili
- Oatmeal
- Soups, canned or dried – all varieties
- Shelf stable Milk
- Baby Food
- Dog & Cat Food

## Personal Items

- Diapers – All sizes for both Baby & Adults
- Shampoo and Conditioner
- Toothpaste, Mouth Wash, Tooth Brushes, Dental Floss
- Soap - Body wash, Laundry and Dish soaps
- Deodorant

